

HOME BARF FEEDING GUIDE



Making your own **NAS** **Fresh RAW** Chicken, Beef or Duck

Our team here at Natural Animal Solutions are passionate about all things Natural. Whilst it was no longer feasible for us to produce our fabulous **Fresh RAW** products, we're very happy to share some guidelines on how to go about creating your own version at home.



INSTRUCTIONS

Start by having a chat with your local butcher for the meat cuts as they'll source high quality ingredients and may help with mincing. All the veggies used in **Fresh RAW** were raw, but you can cook them, particularly if your pet has a sensitive gut. If you plan to make very large batches, then you may blanch the vegetables in boiling water for a short period so they last longer in the freezer.

The recipe offered here replicates the **NAS Fresh RAW** range of products, so you can follow the same feeding quantities as your dog is used to. Do not substitute out any of the fruit or vegetables.

Ingredients: 3kg batch

- 2kg of chicken OR beef OR duck mince – preferably lean
- 300 grams of chicken hearts OR beef hearts OR duck hearts – minced or finely diced
- 100 grams of carrot – finely diced with skin on
- 100 grams of sweet potatoes – finely diced with skin on
- 100 grams of zucchini – finely diced with skin on

- Optional: 75 grams of apple – finely diced with skin on – 1 small apple
- Optional: 75 grams of pear – finely diced with skin on – 1 small pear.

NAS' Fresh RAW also contained a bone component, which was very finely ground down, providing essential nutrition. Ground bones however is not easily replicated at home, so we recommend adding **DigestaVite Plus** for prebiotics and multi vitamins, **Omega Oils** and **Nature's Organic Calcium**.

Directions

Combine the meat ingredients into a large bowl and mix together, mix in the veggies and add the fruit last. Adding a small amount of water can help to combine everything together. Divide into meal portions and freeze immediately. Thaw out in the fridge only enough to last 2 to 3 days.

Disclaimer: Before transitioning your pet to a BARF diet or any other specialized diet, it's essential to consult with a veterinarian or animal nutritionist. They can help you make an informed decision based on your pet's specific needs and health conditions, ensuring they receive a balanced and safe diet.